



5 MOST ADDICTIVE DRUGS

- I. HEROIN
 - II. FENTANYL
 - III. COCAINE
 - IV. ALCOHOL
 - V. BENZODIAZEPINES
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10 MOST ABUSED DRUGS

- I. ALCOHOL
 - II. MARIJUANA
 - III. PAIN RELIEVERS
 - IV. TRANQUILIZERS
 - V. STIMULANTS
 - VI. COCAINE & HALLUCINOGENS (T)
 - VII. MDMA
 - VIII. INHALANTS
 - IX. SEDATIVES,
METHAMPHETAMINE, & LSD (T)
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10 MOST ABUSED PRESCRIPTION DRUGS

- PAIN RELIEVERS
CODEINE, HYDROCODONE,
FENTANYL, MORPHINE
- TRANQUILIZERS
VALIUM, XANAX
- STIMULANTS
ADDERALL, RITALIN
- SEDATIVES
AMBIEN, LUNESTA



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ADDICTION

It Can Affect Anyone

RECOVERY COACHES:

- There are many paths to recovery and coaches help clients explore the options for recovery or treatment.
- They help people explore their wants, needs, and choices. They help them get clarity and to develop their own recovery management plan.
- Recognize addiction is a chronic illness and is managed as sustained remission rather than a cure.
- Provide ongoing and continuous services in the event of a relapse.
- Assist in the coordination of treatment.
- Helps remove roadblocks to recovery.
- Promote overall well-being.
- On call 24/7 to provide immediate support.
- Assist in exploring patterns of behavior with education on how to avoid addictive behavior.



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10 MOST ABUSED DRUGS BY ADOLESCENTS

- *ALCOHOL*
- *MARIJUANA/HASHISH*
- *AMPHETAMINES*
- *TRANQUILIZERS*
- *OVER-THE-COUNTER COUGH & COLD MEDICINES*
- *SYNTHETIC MARIJUANA ("K2" OR "SPICE")*
- *HALLUCINOGENS*
- *INHALANTS*
- *OXYCONTIN*
- *VICODIN*

While opioids work by binding to opioid receptors and producing a feeling of calm and intense pleasure, they may produce some adverse side effects as well. Some of these include confusion, constipation, drowsiness, and nausea. Opioids are typically sought in recreational use for the euphoric feeling of well-being they produce. Those who abuse opioids are often trying to intensify this experience. However, when people tamper with long-acting or extended-release medicines, which typically contain higher doses because they are intended for release over long periods, the results can be particularly dangerous, as all the medicine can be released at one time. Prolonged abuse can lead to tolerance, physical dependence, addiction, withdrawal symptoms when stopping abuse, or even overdose.

Being Aware, Ready & Able

10 REASONS TO SEEK TREATMENT

- A medical detox makes withdrawal more comfortable and could save your life.
- Treatment increases your chances of sobriety.
- inpatient treatment removes you from harmful temptations which can cause relapse.
- Some programs can treat co-occurring mental health disorders.
- Learn coping and relapse prevention skills to help prevent a return to drug addiction.
- Take part in family therapy and support to repair damaged relationships.
- Learn interpersonal skills which will help you succeed in school, work, and at home.
- Rehab will teach you how to handle your life better in a way that enhances sobriety.
- Recovery is easier with compassionate support.
- Rehab connects you to valuable aftercare resources.